

YEAR BOOK

'22

THIS CARD WAS HANDMADE BY KID LARSSON IN TORONTO, ONTARIO, CANADA

I still look back at my old yearbooks and remember silly little moments of my life - perhaps in pursuit of that unending attempt to understand my composition (results pending) I am constantly inspired, encouraged, and intrigued by ~~you~~ people. As you well know, I am nothing if not a sentimentalist so this is the inaugural edition of what I hope becomes a yearly tradition. Here's to all the silly little moments that made 2022 something special! with love, Jan



POSTCARD





Emily Spencer

Name: Emily Spencer

How many covid vaccines did you get this year? 1

What energized you this year?

The release of Taylor Swift's tenth studio album
Midnights.

What drained you this year?

Working in digital marketing.

What do you want to be when you grow up?

Happy, free, confused and lonely at the same time.

Something you thought was overrated this year?

Pete Davidson.

Favourite thing you ate this year?

A five course dinner at my first Michelin star restaurant
in NYC!!

Best movie you saw this year?

Everything Everywhere All at Once

Best thing you read this year: My horoscope :)

**Favourite song, artist, or album you listened to for the
first time this year?**

Lucy Dacus

**What advice would you give to yourself this time last
year?**

Trust the process!

What are you leaving behind in 2022?

The idea that I will ever use an Apple Watch.

Give your 2022 a title:

The Diary of a Sentimentalists Best Friend



Justin

Name: Justin McCarthy

How many covid vaccines did you get this year? 1

What energized you this year?

My plants

What drained you this year?

Work

What do you want to be when you grow up?

A writer

Something you thought was overrated this year?

Twitter

Favourite thing you ate this year?

Duck from a Michelin restaurant

Best movie you saw this year?

Everything Everywhere All at Once

Best thing you read this year?

Goodbye, Again by Jonny Sun

Favourite song, artist, or album you listened to for the first time this year?

Viagra Boys

What advice would you give to yourself this time last year?

Plan your vacations early.

What are you leaving behind in 2022?

Burnout.

Give your 2022 a title: Do I Nap After Work or Go Out?



Abby

A. Sverre CoTors
1992-93

Name: Abby

How many covid vaccines did you get this year? 2

What energized you this year?

Local elections and being a more active member of my community

What drained you this year?

Twitter

What do you want to be when you grow up?

Challenged, yet relaxed

Something you thought was overrated this year?

Mopping

Favourite thing you ate this year?

The fish in Iceland from the lake where Zac Efron baked bread in the sand in Down to Earth

Best movie you saw this year? Where the Crawdads Sing

Best thing you read this year? The Overstory

Favourite song, artist, or album you listened to for the first time this year?

Harry's House

What advice would you give to yourself this time last year?

Keep trusting your gut (especially when it comes to the food you shouldn't eat)

What are you leaving behind in 2022?

Caring too much about every social issue that crosses in front of eyes

Give your 2022 a title: Too Much

PETER DENNY

J.D.



F.J



Y COLLISHAW

SPLASH CV

Name: Fiona-Jean Schreiter

How many covid vaccines did you get this year? 4

What energized you this year?

My friends, the sense of community I've gained just from walking my dog and seeing/talking to the same people, and rediscovering the things that I enjoy doing and spending my time doing just that.

What drained you this year?

Feeling like I need to accommodate and please others.

What do you want to be when you grow up?

Friends with Janet McParland.

Something you thought was overrated this year?

TikTok. Boy was I wrong!

Favourite thing you ate this year?

Wagyu beef pasta in Scotland.

Best movie you saw this year?

The Menu

Best thing you read this year?

The Great Alone by Kristin Hannah

Favourite song, artist, or album you listened to for the first time this year?

Being Funny in a Foreign Language by The 1975

What advice would you give to yourself this time last year?

Settling in life is one of, if not the, biggest mistake(s) you can make. Whether it's in relationships, friendships, work, hobbies, or seeking joy. There's more to learn, more to love, and more happiness to be achieved. There's more.

What are you leaving behind in 2022?

Birth control and (hopefully) excessive sweating.

Give your 2022 a title:

I Get By With A Lot of Help From My Friends



Jukas





Name: Lukas

How many covid vaccines did you get this year? 3

What energized you this year?

Hangouts with people

What drained you this year?

Using dating apps

What do you want to be when you grow up?

Someone who's still down to do new things and make career changes

Something you thought was overrated this year?

Having an apartment to yourself

Favourite thing you ate this year?

Chorizo pasta

Best movie you saw this year: Nope

Best thing you read this year? (Book, article, declassified JFK assassination documents, etc.)

Escape from camp 14

Favourite song, artist, or album you listened to for the first time this year?

Glass animals

What advice would you give to yourself this time last year?

Chill out, you are doing great

What are you leaving behind in 2022?

A long term relationship

Give your 2022 a title: Big moves



Gwace

Name: Grace Marcella

How many covid vaccines did you get this year? 1

What energized you this year?

Learning to walk so I could Run, chocolate, petting dogs, and time with my friends and family

What drained you this year?

Colds and flus, Picking every piece of spinach out of every meal it was in, having to sit still in restaurants

What do you want to be when you grow up?

An engineer

Something you thought was overrated this year?

Vegetables

Favourite thing you ate this year?

Godiva truffles

Best movie you saw this year?

Sing

Best thing you read this year?

My cookie book

Favourite song, artist, or album you listened to for the first time this year?

Old Macdonald Had a Farm

What advice would you give to yourself this time last year?

Hugs aren't overrated/ they make you feel better

What are you leaving behind in 2022?

My infancy

Give your 2022 a title: Big, Bold and Beautiful



Sofia

Name: Sof

How many covid vaccines did you get this year? 2

What energized you this year?

Graduating

What drained you this year?

Smoking weed every day

What do you want to be when you grow up?

A princess

Something you thought was overrated this year?

Everything that's ever been trending on Netflix

Favourite thing you ate this year?

Jan's sugar cookies

Best movie you saw this year?

Petit maman

Best thing you read this year?

The Dispossessed

Favourite song, artist, or album you listened to for the first time this year?

Sabrina Carpenter's new album

What advice would you give to yourself this time last year?

Even the coolest girls go through flop eras

What are you leaving behind in 2022?

Pink hair :(

Give your 2022 a title:

How Did We End Up Here?



Alli

Name: Alli

How many covid vaccines did you get this year? 1

What energized you this year?

Norrie

What drained you this year?

Life

What do you want to be when you grow up?

Happy and married to a rich person

Something you thought was overrated this year?

Me.

Favourite thing you ate this year?

French toast from the Elgin St Diner. And a blueberry bagel from Montreal

Best movie you saw this year?

Everything Everywhere all at once

Best thing you read this year?

The Anthropocene Reviewed by John Green

Favourite song, artist, or album you listened to for the first time this year?

Doomsday by Lizzy McAlpine. Also Midnights

What advice would you give to yourself this time last year?

Follow through on the goals you set for yourself

What are you leaving behind in 2022?

Chipped and unpolished nails. Also, my depression

Give your 2022 a title: Me know no title :(



jess

Name: Sweaty Jess



How many covid vaccines did you get this year? 1

What energized you this year?

My pals, some travel, hanging out with my grandma and brother.

What drained you this year?

Work (i.e. Gary) and social media overall. I love and hate her!!

What do you want to be when you grow up?

Financially stable & curious & surrounded by people I love :)

Something you thought was overrated this year?

Matty Healy.....a comment that really resonated with me is "he's rancid, I love it"

Favourite thing you ate this year?

How the fuck am I supposed to answer this??? I refuse to pick one but most memorable were probably Superpoint pizza, Bodega Henriette savoury french toast, and Empanada Mama in NYC. I'm so unhappy with this answer but I do love all these foods!!

Best movie you saw this year?

Omg so tough. Triangle of Sadness and Where The Crawdads Sing, probably. Special mention: Falling for Christmas only for the slapstick and company.

Best thing you read this year?

Bear Town, Daisy Jones & The Six, and I'm Glad My Mom Died.

Favourite song, artist, or album you listened to for the first time this year?

New this year? I'd sayyyy Sophie Holahan from TikTok. I love her songwriting, especially the song Good Mourning.

What advice would you give to yourself this time last year?

Be kind to yourself over the next year - there are gonna be some bumps, but you'll get through it in one piece!! Also, worry less about work, you dumb bitch.

What are you leaving behind in 2022? Feeling sorry for myself!

Give your 2022 a title: We Did It, Jan!!





India

1972

Name: India Roberts

How many covid vaccines did you get this year? 3

What energized you this year?

Fruit salads, post-work hot girl walks, the GWF podcast, and the distant glimmer of free time on my horizon

What drained you this year?

Convoy supporters on my Facebook friends list, my thesis, men, my iPhone screen time report, Vladimir Putin

What do you want to be when you grow up?

A 55-year-old flight attendant

Something you thought was overrated this year?

Heatless curls but maybe I'm just bad at it

Favourite thing you ate this year?

McDonalds in bed while watching Evan Almighty

Best movie you saw this year?

Rocky Horror!!! For the experience that it was. Or The Imitation Game even though it came out 8 years ago

Best thing you read this year?

Good Citizens Need Not Fear by Maria Reva (thanks for the recommendation, Abby!). Also the article about Andrew Tate being arrested

Favourite song, artist, or album you listened to for the first time this year?

It wasn't the first time I listened to P'tit Belliveau, but their music took on a new significance to me that will be close to my heart forever

What advice would you give to yourself this time last year?

Be gentle to yourself, take things in stride, doomscrolling helps no one, live in the here & now

What are you leaving behind in 2022??

School!!!!!!

Give your 2022 a title: Like The Skin Of A Snake



Sarah-Jane (Mom)

Name: Sarah

How many covid vaccines did you get this year? 4

What energized you this year?

My new job

What drained you this year?

Neck surgery

What do you want to be when you grow up?

Healthy and happy writing a fictional novel

Something you thought was overrated this year?

Government

Favourite thing you ate this year?

Korean Hot Dog

Best movie you saw this year?

Top Gun Magnum

Best thing you read this year? (Book, article, declassified JFK assassination documents, etc.)

I cant pick one

Favourite song, artist, or album you listened to for the first time this year?

Kelsea Ballerini

What advice would you give to yourself this time last year?

Healing takes time

What are you leaving behind in 2022?

A lot of bad memories

Give your 2022 a title: Merging on to The Happy Highway



Mike

Name: Mike

How many covid vaccines did you get this year? 1

What energized you this year? Seeing the world through Grace's eyes

What drained you this year?

Stress from work. A close second was my weird liver induced itching.

What do you want to be when you grow up?

Completely free like Grace. Free to be weird and funny and happy and sad and do what I want to when I want to without regret.

Something you thought was overrated this year?

The Ottawa Mayoral results.

Favourite thing you ate this year?

A Mexican inspired beef dish with corn velouté and seasonal grilled vegetables in Arizona.

Best movie you saw this year?

Ted Lasso

Best thing you read this year?

21 Things You May Not Know About the Indian Act (haven't finished it)

Favourite song, artist, or album you listened to for the first time this year?

My Home

What advice would you give to yourself this time last year?

Don't let things get the better of you. Nothing is more important than the people you care about.

What are you leaving behind in 2022?

Unnecessary stress. And the godforsaken swimming pool at 1141 Jean Park.

Give your 2022 a title: Wild One



Emily McP

Name: Emily McParland

How many covid vaccines did you get this year? 2

What energized you this year?

Grace, therapy and motherhood

What drained you this year?

Ironically also motherhood. But also trying to balance too much, explain myself, and being too focused on "what's next", and the state of the world. Oh and don't forget actually making an effort to stand for something and really meaning it. (It's draining but in a good way)

What do you want to be when you grow up?

Fulfilled

Something you thought was overrated this year?

Social media

Favourite thing you ate this year?

Eggs Benedict that Mike made me for Mother's Day

Best movie you saw this year?

Spirited

Best thing you read this year?

So stupid but every week I like to read the Upworthy round up of happy things that happened that week

Favourite song, artist, or album you listened to for the first time this year?

Hate to say it but Midnights

What advice would you give to yourself this time last year?

Give yourself 15 minutes to dwell then move the fuck on.

What are you leaving behind in 2022?

Doing anything other than taking what people say and do at face value

Give your 2022 a title: Failing Forward



Name: Meggymoo

How many covid vaccines did you get this year? 3

What energized you this year?

Double espresso Nespresso pods and weed

What drained you this year?

Our mother. Final year of undergrad.

What do you want to be when you grow up?

Not stressed about finances

Something you thought was overrated this year?

Crocs

Favourite thing you ate this year?

I dream of shawarma sauce

Best movie you saw this year?

You know I have a thing about movies and shows

Best thing you read this year?

The text Fiona sent you when Nori was puking

Favourite song, artist, or album you listened to for the first time this year?

Icing on the cake - Grace Ives

What advice would you give to yourself this time last year?

Your mom doesn't die, chill out LMAOOOO

What are you leaving behind in 2022?

Being unemployed

Give your 2022 a title: 2022:

The Year I Thought My Brain Was Going to Short Wire



Me (in the first half)



Me (in the second half)

Name: Janet

How many covid vaccines did you get this year? 2

What energized you this year?

Making art / enjoying my own company

What drained you this year?

HONKING / Thinking my mom was going to die

What do you want to be when you grow up?

in the countryside with a spectacular garden

Something you thought was overrated this year?

Making decisions/ Drinking/ Weddings/ White Lotus

Favourite thing you ate this year?

Dishoom

Best movie you saw this year: EEAAO

Best thing you read this year? (Book, article, declassified JFK assassination documents, etc.)

Pride and Prejudice / those alien documents

Favourite song, artist, or album you listened to for the first time this year?

Brando - Lucy Dacus

What advice would you give to yourself this time last year?

Write everything down

What are you leaving behind in 2022?

All my money

Give your 2022 a title:

Perfect Places

MUSIC

Ten Most Played Songs

- Liability - Lorde
- Saviour Complex - Phoebe Bridgers
- The Gold - Phoebe Bridgers + Manchester Orchestra
- Brando - Lucy Dacus
- Roslyn - Bon Iver
- The Night We Met - Lord Huron
- Graceland Too - Phoebe Bridgers
- Champagne Problems - Taylor Swift
- Beach Baby - Bon Iver
- Slow Dancing - AJ & AJ

Five Most Played Artists

- Taylor Swift
- Phoebe Bridgers
- Emile Mosseli
- Lorde
- Alexandre Desplat

